



Health Notice

23rd January 2018



We have had several confirmed cases of **CHICKEN POX**

If you are pregnant you should seek advice from your GP or midwife if you have any concerns.

Children are not allowed to return to nursery until all the vesicles are crusted over as advised from the Health Protection Agency and are well in themselves.

Please can you let us know as soon as possible if your child has chickenpox. Due to people it may harm at nursery.

Chickenpox is a mild and common childhood illness that most children catch at some point. It causes a rash of red, itchy spots that turn into fluid-filled blisters. They then crust over to form scabs, which eventually drop off.

Some children have only a few spots, but in others they can cover the entire body. The spots are most likely to appear on the face, ears and scalp, under the arms, on the chest and belly and on the arms and legs.

Who's at special risk?

Some children and adults are at special risk of serious problems if they catch chickenpox. They include:

- pregnant women
- newborn babies
- people with a weakened immune system

These people should seek medical advice as soon as they are exposed to the chickenpox virus or they develop chickenpox symptoms.

They may need a blood test to check if they are immune (protected from) chickenpox.